



SkoMor Soccer Club

Developing Good Players and Good People Since 1989

News Release, Updates and Announcements 2.7.11

Future Stars Training Program Updates SkoMor S.C. Development Academy Update Niles North Free Soccer Clinic Technical Training Sessions – February Dates Adult Men's Team

Future Stars Training Program: Remaining Winter Schedule

Due to a facility scheduling conflict on Sunday, February 20th, and the rescheduling of last weeks snowed out date (Tuesday, February 1st), the remaining four Future Stars Sessions are open to all Future Stars, regardless of which option they registered for. By offering the four dates and times, we hope that all children will be able to participate and make-up for all missed sessions.

Each of the four dates will consist of splitting the players up into teams of three or four and having them train, and then play in a tournament as a team (4 vs. 4, no GK). We will do our best to have the player compete on the same team one session to the next as best we can, however some players may not be present and/or adjustments will be made as needed to balance teams.

Remaining Future Stars Dates:

Dates:

Tuesday 2/15; 5:30 p.m. until 6:30 p.m. Skokie, IL 60076	Old Orchard Junior High; 9310 Kenton Avenue,
Thursday 2/17; 5:30 p.m. until 6:30 p.m. Skokie, IL 60076	Old Orchard Junior High; 9310 Kenton Avenue,
Saturday, 2/26; 4:30 p.m. until 5:50 p.m. Lawler St., Skokie, IL 60076	Niles North High School field house; 9800 North
Sunday, 2/27; 7:00 p.m. until 8:00 p.m. Lawler St., Skokie, IL 60076	Niles North High School field house; 9800 North

Development Academy Program: Update

SkoMor SC is pleased to announce that our 2011 Development Academy Spring Class has been registered to play in the YSSL U-8 spring league. The Academy team currently has 9 registered

players who will begin training in late March. Currently 5 rosters sports are available. Any interested players should contact the SkoMor SC Director of Coaching, Ethan C. Bontly at skomorsoccer@yahoo.com.

Additional Information on the Development Academy

----- You can Play AYSO and the Academy at the same time! -----

SkoMor SC invites both **Boys and Girls ages 5 to 8**, to join the **Development Academy Program**, a year round youth training program that includes training sessions, weekly games, professional coaches, and home/away uniforms. Academy players may register for spring season, the fall season or both for a low fee of **\$175 per season**.

Technical Training Sessions

--- Optional Sessions are open to Academy Players and players on a current SkoMor SC Team ---

As a reminder, Technical Training Sessions will take place from 7:00 to 8:00 p.m. on the dates listed below. Each Technical training session will focus on specific elements of improving individual skills and learning of key fundamental skills in soccer. Topics will vary from week to week, depending on the turnout and progression. Players are encouraged to attend these free sessions as a supplement to team training so each player will improve during the winter months.

(2/15): Topic: Individual ball skills.

This session will work on individual ball skills ranging from cutback, switches, step-overs, twists ect. Each player will play with a 'Fusal' (or size 3) ball to develop individual skills.

(2/17): Topic: Attacking one-on-one with the ball.

This will include learning and working on specific moves to beat a defender, moving to open space and winning the offensive position. Players will work on step-overs, inside/outside ect. moves and upper body positioning to win the 'offensive position.'

Technical Training Information:

Location: Old Orchard Junior High School Gym (Please enter on the northside of the building)
9310 Kenton Avenue , Skokie , IL 60076

Dates: Technical Training will be on non-consecutive Tuesdays and Thursday on the following dates;

February 15th, 17th

Time: 7:00-8:00pm (Technical Training is open to all SkoMor travel players)

Please Note - Players will not be allowed to practice if they are wearing cleats so please bring gym shoes as well as shin guards, soccer ball and water.

Free Niles North High School Soccer Clinic

This is a reminder about the Free Clinic this weekend hosted by Niles North High School. This is a great opportunity to get in a few extra drills and learn from the area High School Coaches. SkoMor SC wants and urges all players to attend the clinic.

Free Niles North High School Soccer Clinics

Date: February 12

Times: Kindergarden-4th (12pm to 1pm)

Grades 5th-8th (1:15pm to 2:15pm)

Location: Niles North High School Field House; 9800 North Lawler St. , Skokie , IL 60076 (Enter Door 12).

What to Bring: Gym Shoes, Shin Guards, Soccer Ball, Water Bottle (No cleats will be allowed).

Adult Men's Team

SkoMor SC is currently accepting registrations for an Adult Men's team to play in the Spring and Fall Seasons. The men's team is an extension of the programs already established in the club and an opportunity for adults some of us to dust off our cleats and get back to playing some soccer!

It is planned the team will play an Outdoor Season in the Premier Soccer League First Division. The addition of the Men's Team will create the opportunity for children through adults to play, coach, and referee in a fully integrated pyramid.

Currently many of the players are playing as an indoor team on Thursday nights at Soccer City in Palatine. Any adults (must be 17) who are interested in playing on the SkoMor SC Men's team, please contact the Director of Coaching, Ethan C. Bontly for more information.

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SkoMor S.C.
P.O. Box 434, Morton Grove, IL 60053
Hotline Number: 847-604-4222

www.skomorsoccer.com

skomorsoccer@yahoo.com

